



# SEMINOLE SCIENCE

## September Menu

# COST :

Breakfast \$2.75  
Elementary Lunch \$3.50  
Middle Lunch \$3.75

Apply for Meal Benefits for free and reduced-priced meals at: [SCPSmealapp.com](http://SCPSmealapp.com)

# BREAKFAST

All Meals Are Served With an Entrée, Fruit, 100% Fruit Juice and Milk.

= This Contains Pork  
 = Vegetarian Option

### MONDAY

Pillsbury™ Mini Bagels

### TUESDAY

French Toast  
BenefIT® Bar

### WEDNESDAY

Blueberry Muffin  
& Cheese Stick

### THURSDAY

Oatmeal Chocolate Chip  
BenefIT® Bar

### FRIDAY

General Mills™ Cereal  
& Cheese Stick

# LUNCH

All Meals Include An Entrée, Fruit, Veggies and/or Milk.

@RedAppleDining

Monday	Tuesday	Wednesday	Thursday	Friday
				<b>1</b> Oven Fresh Pizza (Cheese  or Pepperoni ) Broccoli Smuckers® Uncrustables® Cheese Stick & Cheez-It® Crackers Turkey Chef Salad Cheez-It® Crackers
<b>4</b> <b>NO SCHOOL</b>	<b>5</b> 100% All Beef Hot Dog Baked Beans Smuckers® Uncrustables® Cheese Stick & Goldfish® Crackers Turkey & Cheese Sandwich	<b>6</b> Boneless Wings Corn & Biscuit Smuckers® Uncrustables® Cheese Stick & Goldfish® Crackers Egg & Cheese Chef Salad Goldfish® Crackers Yogurt Parfait  (Middle School)	<b>7</b> Orange Chicken Rice & Mixed Veggies Smuckers® Uncrustables® Cheese Stick & Goldfish® Crackers Turkey-Ham & Cheese Sandwich	<b>8</b> Oven Fresh Pizza (Cheese  or Pepperoni ) Broccoli Smuckers® Uncrustables® Cheese Stick & Goldfish® Crackers Turkey Chef Salad Goldfish® Crackers
<b>11</b> Maple Waffles Fruit Topping, Sausage & Home Fries Smuckers® Uncrustables® Cheese Stick & Goldfish® Pretzels Turkey-Ham Chef Salad Goldfish® Pretzels	<b>12</b> 100% All Beef Hamburger or Cheeseburger Baked Beans Smuckers® Uncrustables® Cheese Stick & Goldfish® Pretzels Turkey & Cheese Sandwich <b>Special Treat</b>	<b>13</b> Chicken Nuggets Corn & Dinner Roll Smuckers® Uncrustables® Cheese Stick & Goldfish® Pretzels Egg & Cheese Chef Salad Goldfish® Pretzels Yogurt Parfait  (Middle School)	<b>14</b> Soft Taco with Toppings Black Beans Smuckers® Uncrustables® Cheese Stick & Goldfish® Pretzels Turkey-Ham & Cheese Sandwich	<b>15</b> Oven Fresh Pizza (Cheese  or Pepperoni ) Broccoli Smuckers® Uncrustables® Cheese Stick & Goldfish® Pretzels Turkey Chef Salad Goldfish® Pretzels
<b>18</b> Chicken Sandwich Honey-Glazed Carrots Smuckers® Uncrustables® Cheese Stick & Cheez-It® Crackers Pizza Lunchedible	<b>19</b> 100% All Beef Hot Dog Baked Beans Smuckers® Uncrustables® Cheese Stick & Cheez-It® Crackers Turkey & Cheese Sandwich	<b>20</b> Boneless Wings Corn & Biscuit Smuckers® Uncrustables® Cheese Stick & Cheez-It® Crackers Egg & Cheese Chef Salad Cheez-It® Crackers Yogurt Parfait  (Middle School)	<b>21</b> Teriyaki Chicken Rice & Green Beans Smuckers® Uncrustables® Cheese Stick & Cheez-It® Crackers Turkey-Ham & Cheese Sandwich <b>Special Treat: Fortune Cookie</b>	<b>22</b> Oven Fresh Pizza (Cheese  or Pepperoni ) Broccoli Smuckers® Uncrustables® Cheese Stick & Cheez-It® Crackers Turkey Chef Salad Cheez-It® Crackers
<b>25</b> Maple Waffles Fruit Topping, Sausage & Home Fries Smuckers® Uncrustables® Cheese Stick & Goldfish® Crackers Turkey-Ham Chef Salad Goldfish® Crackers	<b>26</b> 100% All Beef Hamburger or Cheeseburger Baked Beans Smuckers® Uncrustables® Cheese Stick & Goldfish® Crackers Turkey-Ham Chef Salad Goldfish® Crackers	<b>27</b> Chicken Nuggets Corn & Dinner Roll Smuckers® Uncrustables® Cheese Stick & Goldfish® Crackers Egg & Cheese Chef Salad Goldfish® Crackers Yogurt Parfait  (Middle School)	<b>28</b> Orange Chicken Rice & Mixed Veggies Smuckers® Uncrustables® Cheese Stick & Goldfish® Crackers Turkey-Ham & Cheese Sandwich	<b>29</b> Oven Fresh Pizza (Cheese  or Pepperoni ) Broccoli Smuckers® Uncrustables® Cheese Stick & Goldfish® Crackers Turkey Chef Salad Goldfish® Crackers