



BREAKFAST

All meals must include an Entree, Fruit, Juice, and/or Milk.

Cost: \$2.75

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
French Toast BenefIT® Bar	Strawberry Mini Bagels	Blueberry Muffin & Cheese Stick	Oatmeal Chocolate Chip BenefIT® Bar	General Mill™ Cereal & Cheese Stick

LUNCH

All meals must include an Entree, Fruit, Vegetables and/or Milk. **Cost: \$3.50 (Elementary) | \$3.75 (Middle)**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
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Always have a backup plan-tain!

Plantains are January's **Harvest of the Month**, available on January 8th and 23rd.

<p>6</p> <p>Chicken Sandwich Baked Beans Smuckers® Uncrustables® Cheez-Its® Crackers Pizza Lunchedible </p>	<p>7</p> <p>Hamburger or Cheeseburger Honey-glazed Carrots Smuckers® Uncrustables® Cheez-Its® Crackers Turkey & Cheese Sandwich</p>	<p>8</p> <p>Cheese Quesadilla Corn & Salsa Plantains Smuckers® Uncrustables® Cheez-Its® Crackers Egg & Cheese Chef Salad Cheez-Its® Crackers</p>	<p>9</p> <p>Orange Chicken Rice & Green Beans Smuckers® Uncrustables® Cheez-Its® Crackers Turkey-ham & Cheese Sandwich</p>	<p>10</p> <p>Cheese Pizza Pepperoni Pizza Broccoli Smuckers® Uncrustables® Cheez-Its® Crackers Turkey Chef Salad Cheez-Its® Crackers</p>	
<p>13</p> <p>Maple Waffles with a Warm Fruit Topping Sausage & Home Fries Smuckers® Uncrustables® Goldfish® Crackers Pizza Lunchedible </p>	<p>14</p> <p>100% All Beef Hot Dog Baked Beans Smuckers® Uncrustables® Goldfish® Crackers Turkey & Cheese Sandwich</p>	<p>15</p> <p>Boneless Wings Corn & Dinner Roll Smuckers® Uncrustables® Goldfish® Crackers Egg & Cheese Chef Salad Goldfish® Crackers</p>	<p>16</p> <p>Teriyaki Chicken Rice & Green Beans Smuckers® Uncrustables® Goldfish® Crackers Turkey-ham & Cheese Sandwich</p>	<p>17</p> <p>Cheese Pizza Pepperoni Pizza Broccoli Smuckers® Uncrustables® Goldfish® Crackers Turkey Chef Salad Goldfish® Crackers</p>	
SPECIAL TREAT					
<p>20</p> <p>Martin Luther King Day</p>	<p>21</p> <p>Hamburger or Cheeseburger Baked Beans Smuckers® Uncrustables® Cheez-Its® Crackers Turkey & Cheese Sandwich</p>	<p>22</p> <p>Chicken Nuggets Corn & Dinner Roll Smuckers® Uncrustables® Cheez-Its® Crackers Egg & Cheese Chef Salad Cheez-Its® Crackers</p>	<p>23</p> <p>Soft Taco with Toppings Black Beans & Tortilla Chips Plantains Turkey-ham & Cheese Sandwich</p>	<p>24</p> <p>Cheese Pizza Pepperoni Pizza Broccoli Smuckers® Uncrustables® Cheez-Its® Crackers Turkey Chef Salad Cheez-Its® Crackers</p>	
<p>27</p> <p>Chicken Sandwich Honey-Glazed Carrots Smuckers® Uncrustables® Goldfish® Crackers Pizza Lunchedible </p>	<p>28</p> <p>100% All Beef Hot Dog Baked Beans Smuckers® Uncrustables® Goldfish® Crackers Turkey & Cheese Sandwich</p>	<p>29</p> <p>Cheese Quesadilla Corn & Salsa Smuckers® Uncrustables® Goldfish® Crackers Egg & Cheese Chef Salad Goldfish® Crackers</p>	<p>30</p> <p>Orange Chicken Rice & Green Beans Smuckers® Uncrustables® Goldfish® Crackers Turkey-ham & Cheese Sandwich</p>	<p>31</p> <p>Cheese Pizza Pepperoni Pizza Broccoli Smuckers® Uncrustables® Goldfish® Crackers Turkey Chef Salad Goldfish® Crackers</p>	