

NOVEMBER 2019 SEMINOLE SCIENCE MENU

BREAKFAST

ALL MEALS ARE SERVED WITH AN ENTREE, FRUIT, 100% FRUIT JUICE AND MILK.

MONDAY

Cinnamon
Bagel-ful®

TUESDAY

French Toast
BeneFIT® Bar

WEDNESDAY

Blueberry Muffin
and Cheese Stick

THURSDAY

Oatmeal Chocolate Chip
BeneFIT® Bar

FRIDAY

Cinnamon Toast Crunch®
and Cheese Stick

LUNCH

ALL MEALS INCLUDE AN ENTREE, FRUIT, VEGGIES AND/OR MILK.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 <p>WE WELCOME EVERY GUEST TO JOIN US ON THURSDAY, NOVEMBER 12 FOR A</p> <h1>THANKSGIVING Meal</h1> 				
4 Boneless Wings Mashed Potatoes & Dinner Roll Smuckers® Uncrustables® Cheese Stick & Cheez-it® Crackers Cheese Chef Salad	5 Maple Waffles Warm Apple Topping, Sausage Patty™ & Home Fries Smuckers® Uncrustables® Cheese Stick & Cheez-it® Crackers Turkey and Cheese Lunchedible	6 Gianni's Pizza (Cheese or Pepperoni™) Green Beans Smuckers® Uncrustables® Cheese Stick & Cheez-it® Crackers Turkey Chef Salad	7 Soft Taco Tortilla Chips & Black Beans Smuckers® Uncrustables® Cheese Stick & Cheez-it® Crackers Turkey and Cheese Lunchedible	1 Chicken Alfredo Broccoli & Breadstick Smuckers® Uncrustables® Cheese Stick & Goldfish® Crackers Turkey-Ham Chef Salad
11 Boneless Wings Mashed Potatoes & Dinner Roll Smuckers® Uncrustables® Cheese Stick & Goldfish® Pretzels Cheese Chef Salad	12 Roast Turkey & Cranberry Sauce Mashed Potatoes & Gravy, Carrots, Dinner Roll & Sugar Cookie Smuckers® Uncrustables® Cheese Stick & Goldfish® Pretzels Turkey and Cheese Lunchedible	13 Gianni's Pizza (Cheese or Pepperoni™) Green Beans Smuckers® Uncrustables® Cheese Stick & Goldfish® Pretzels Turkey Chef Salad	14 100% All Beef Burger Baked Beans Smuckers® Uncrustables® Cheese Stick & Goldfish® Pretzels Turkey and Cheese Lunchedible	15 Spaghetti and Meatballs™ Broccoli & Breadstick Smuckers® Uncrustables® Cheese Stick & Goldfish® Pretzels Turkey-Ham Chef Salad
18 Boneless Wings Mashed Potatoes & Dinner Roll Smuckers® Uncrustables® Cheese Stick & Goldfish® Crackers Cheese Chef Salad	19 100% All Beef Hot Dog Sweet Potato Fries Smuckers® Uncrustables® Cheese Stick & Goldfish® Crackers Turkey and Cheese Lunchedible	20 Gianni's Pizza (Cheese or Pepperoni™) Broccoli Smuckers® Uncrustables® Cheese Stick & Goldfish® Crackers Turkey Chef Salad	21 Chicken Sandwich Baked Beans Smuckers® Uncrustables® Cheese Stick & Goldfish® Crackers Turkey and Cheese Lunchedible	22 Maple Waffles Warm Apple Topping, Sausage Patty™ & Home Fries Smuckers® Uncrustables® Cheese Stick & Goldfish® Crackers Turkey-Ham Chef Salad
25 	26 	27 	28 	29 
<h1>HAPPY THANKSGIVING</h1>				